

WEEK 1

<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thurs</i>	<i>Fri</i>
<p>Chicken Tenders</p> <p>Yogurt Parfait Pretzel</p> <p>Sweet Potato Fries</p> <p>Roasted Green Beans</p> <p>Assorted Fresh Fruit Assorted Canned Fruit Assorted Milk</p>	<p>WW Pasta with Meatsauce</p> <p>Sun Butter & Jelly Sandwich with Cheese Stick</p> <p>Kale & Romaine Salad*</p> <p>Tomato and Basil Salad</p> <p>Assorted Fresh Fruit Assorted Canned Fruit Assorted Milk</p> <p>*Assorted greens can be substituted</p>	<p>Beef Tacos on WW Soft Tortilla</p> <p>Turkey Sandwich on WW Bread</p> <p>Salsa, Lettuce & Tomato</p> <p>Fiesta Corn & Black Bean Salad</p> <p>Assorted Fresh Fruit Assorted Canned Fruit Assorted Milk</p>	<p>Grilled Cheese Sandwich on WW Bread</p> <p>Chicken Caesar Wrap</p> <p>Roasted Potato Wedges</p> <p>Carrot and Red Peppers w/Hummus</p> <p>Assorted Fresh Fruit Assorted Canned Fruit Assorted Milk</p>	<p>Pizza with WW Crust</p> <p>Chef Salad with WW Pita</p> <p>Farmer's Garden Salad with Assorted Salad Dressing</p> <p>Farm Fresh Veggie Sticks with Ranch Dressing</p> <p>Assorted Fresh Fruit Assorted Canned Fruit Assorted Milk</p>

WEEK 2

<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thurs</i>	<i>Fri</i>
<p>Brunch for Lunch with Syrup</p> <p>Turkey Sandwich on WW Pita Bread with Pretzels</p> <p>Roasted Red Potatoes Or Harvest Home Fries</p> <p>Roasted Tomatoes</p> <p>Assorted Fresh Fruit Assorted Canned Fruit Assorted Milk</p>	<p>Hamburger on WW Bun with Lettuce & Tomato</p> <p>Sun Butter & Jelly Sandwich with Yogurt</p> <p>Vegetarian Baked Beans</p> <p>Farm Fresh Veggie Sticks with Ranch Dressing</p> <p>Assorted Fresh Fruit Assorted Canned Fruit Assorted Milk</p>	<p>Macaroni and Cheese</p> <p>Ham & Cheese Sandwich on Goldfish Bread</p> <p>Steamed Broccoli</p> <p>Roasted Carrot Fries</p> <p>Assorted Fresh Fruit Assorted Canned Fruit Assorted Milk</p>	<p>Chicken Fajita with Shredded Lettuce & Salsa</p> <p>Caesar Salad with WW Pita Bread and Cheese Stick</p> <p>Mexicali Corn</p> <p>Assorted Fresh Fruit Assorted Canned Fruit Assorted Milk</p>	<p>Pizza Sticks</p> <p>Chicken Salad Sandwich</p> <p>Carrot Coins & Cucumber Wheels with Ranch Dressing</p> <p>Farmer's Garden Salad with Assorted Salad Dressing</p> <p>Assorted Fresh Fruit Assorted Canned Fruit Assorted Milk</p>

WEEK 3

<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thurs</i>	<i>Fri</i>
<p>Hot Dog on WW Bun</p> <p>Turkey Sandwich on WW Roll</p> <p>Potato Wedges</p> <p>Caesar Side Salad</p> <p>Assorted Fresh Fruit</p> <p>Assorted Canned Fruit</p> <p>Assorted Milk</p>	<p>Chicken Tenders</p> <p>Sun Butter & Jelly Sandwich with Cheese Stick</p> <p>Three Bean Salad</p> <p>Cinnamon Roasted Sweet Potatoes</p> <p>Assorted Fresh Fruit</p> <p>Assorted Canned Fruit</p> <p>Assorted Milk</p>	<p>Roast Turkey with Brown Rice</p> <p>Tortilla Chips with Hummus</p> <p>Sautéed Greens</p> <p>Sweet Potato Fries</p> <p>Assorted Fresh Fruit</p> <p>Assorted Canned Fruit</p> <p>Assorted Milk</p>	<p>Fish Tacos with Lettuce, Tomato & Mango Salsa</p> <p>Chicken Caesar Wrap</p> <p>Chipotle Corn</p> <p>Cole Slaw Or Broccoli Slaw</p> <p>Assorted Fresh Fruit</p> <p>Assorted Canned Fruit</p> <p>Assorted Milk</p>	<p>Flatbread Pizza</p> <p>Egg Salad Sandwich</p> <p>Celery Sticks & Hummus</p> <p>Mediterranean Salad with Assorted Salad Dressings</p> <p>Assorted Fresh Fruit</p> <p>Assorted Canned Fruit</p> <p>Assorted Milk</p>

WEEK 4

<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thurs</i>	<i>Fri</i>
<p>Mozzarella Sticks with Marinara Sauce</p> <p>Garden Salad with Turkey & WW Dinner Roll</p> <p>Mixed Italian Vegetables</p> <p>Caesar Side Salad</p> <p>Assorted Fresh Fruit</p> <p>Assorted Canned Fruit</p> <p>Assorted Milk</p>	<p>Chicken Filet Sandwich</p> <p>Sun Butter & Jelly Sandwich with Yogurt</p> <p>Lettuce, Tomato, Pickle</p> <p>Lemon Zest Broccoli</p> <p>Sweet Potato Salad</p> <p>Assorted Fresh Fruit</p> <p>Assorted Canned Fruit</p> <p>Assorted Milk</p>	<p>Meatball Marinara Sub</p> <p>Turkey Sandwich on WW Roll</p> <p>Roasted Potato Puffs</p> <p>Tasty Green Bean Toss</p> <p>Assorted Fresh Fruit</p> <p>Assorted Canned Fruit</p> <p>Assorted Milk</p>	<p>Chicken, Turkey or Beef Burrito with Lettuce, Tomato & Salsa</p> <p>Chicken Teriyaki Salad with WW Breadstick</p> <p>Chickpea Salad</p> <p>Assorted Fresh Fruit</p> <p>Assorted Canned Fruit</p> <p>Assorted Milk</p>	<p>Focaccia Pizza</p> <p>WW Bagel with Yogurt & Cheese</p> <p>Carrot Coins & Cucumber Wheels with Ranch Dressing</p> <p>Romaine & Spinach Salad with Assorted Salad Dressings</p> <p>Assorted Fresh Fruit</p> <p>Assorted Canned Fruit</p> <p>Assorted Milk</p>