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| **Mon** | **Tue** | **Wed** | **Thurs** | **Fri** |
| Chicken Tenders  **Yogurt Parfait**  **Pretzel**  Sweet Potato Fries  Roasted Green Beans  Assorted Fresh Fruit Assorted Canned Fruit  Assorted Milk | WW Pasta with Meatsauce  **Sun Butter & Jelly Sandwich with**  **Cheese Stick**  Kale & Romaine Salad\*  Tomato and Basil Salad  Assorted Fresh Fruit Assorted Canned Fruit  Assorted Milk  \*Assorted greens can be substituted | Beef Tacos on WW Soft Tortilla  **Turkey Sandwich**  **on WW Bread**  Salsa, Lettuce & Tomato  Fiesta Corn & Black Bean Salad  Assorted Fresh Fruit Assorted Canned Fruit  Assorted Milk | **Grilled Cheese Sandwich on**  **WW Bread**  **Chicken Caesar Wrap**  Roasted Potato Wedges  Carrot and Red Peppers w/Hummus  Assorted Fresh Fruit Assorted Canned Fruit  Assorted Milk | Pizza with WW Crust  **Chef Salad with**  **WW Pita**  Farmer’s Garden Salad with Assorted Salad Dressing  Farm Fresh Veggie Sticks with Ranch Dressing  Assorted Fresh Fruit Assorted Canned Fruit  Assorted Milk |

WEEK 1

WEEK 2

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| **Mon** | **Tue** | **Wed** | **Thurs** | **Fri** |
| Brunch for Lunch  **with Syrup**  **Turkey Sandwich on WW Pita Bread with Pretzels**  Roasted Red Potatoes Or Harvest Home Fries  Roasted Tomatoes    Assorted Fresh Fruit Assorted Canned Fruit  Assorted Milk | **Hamburger**  **on WW Bun with Lettuce & Tomato**  **Sun Butter & Jelly Sandwich with Yogurt**  Vegetarian Baked Beans  Farm Fresh Veggie Sticks with Ranch Dressing  Assorted Fresh Fruit Assorted Canned Fruit  Assorted Milk | **Macaroni and Cheese**  **Ham & Cheese Sandwich on**  **Goldfish Bread**  Steamed Broccoli  Roasted Carrot Fries  Assorted Fresh Fruit Assorted Canned Fruit  Assorted Milk | **Chicken Fajita with Shredded Lettuce & Salsa**  **Caesar Salad with WW Pita Bread**  **and Cheese Stick**  Mexicali Corn  Assorted Fresh Fruit Assorted Canned Fruit  Assorted Milk | **Pizza Sticks**  **Chicken Salad Sandwich**  Carrot Coins & Cucumber Wheels with Ranch Dressing  Farmer’s Garden Salad with Assorted Salad Dressing  Assorted Fresh Fruit Assorted Canned Fruit  Assorted Milk |

WEEK 3

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| **Mon** | **Tue** | **Wed** | **Thurs** | **Fri** |
| **Hot Dog on WW Bun**  **Turkey Sandwich on WW Roll**  Potato Wedges  Caesar Side Salad  Assorted Fresh Fruit Assorted Canned Fruit  Assorted Milk | Chicken Tenders  **Sun Butter & Jelly Sandwich with**  **Cheese Stick**  Three Bean Salad  Cinnamon Roasted Sweet Potatoes  Assorted Fresh Fruit Assorted Canned Fruit  Assorted Milk | Roast Turkey with Brown Rice  **Tortilla Chips**  **with Hummus**  Sautéed Greens  Sweet Potato Fries  Assorted Fresh Fruit Assorted Canned Fruit  Assorted Milk | Fish Tacos  with  Lettuce, Tomato  & Mango Salsa  **Chicken Caesar Wrap**  Chipotle Corn  Cole Slaw Or  Broccoli Slaw  Assorted Fresh Fruit Assorted Canned Fruit  Assorted Milk | **Flatbread Pizza**  Egg Salad Sandwich  Celery Sticks & Hummus  Mediterranean Salad with Assorted Salad Dressings  Assorted Fresh Fruit Assorted Canned Fruit  Assorted Milk |

WEEK 4

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| **Mon** | **Tue** | **Wed** | **Thurs** | **Fri** |
| **Mozzarella Sticks with Marinara Sauce**  **Garden Salad with Turkey & WW Dinner Roll**  Mixed Italian Vegetables  Caesar Side Salad  Assorted Fresh Fruit Assorted Canned Fruit  Assorted Milk | **Chicken Filet Sandwich**  **Sun Butter & Jelly Sandwich with Yogurt**  Lettuce, Tomato, Pickle  Lemon Zest Broccoli  Sweet Potato Salad  Assorted Fresh Fruit Assorted Canned Fruit  Assorted Milk | **Meatball**  **Marinara Sub**  **Turkey Sandwich**  **on WW Roll**  Roasted Potato Puffs  Tasty Green Bean Toss  Assorted Fresh Fruit Assorted Canned Fruit  Assorted Milk | Chicken, Turkey  or Beef Burrito  with Lettuce, Tomato  & Salsa  **Chicken Teriyaki Salad with WW Breadstick**  ChickpeaSalad  Assorted Fresh Fruit Assorted Canned Fruit  Assorted Milk | Focaccia Pizza  **WW Bagel with Yogurt & Cheese**  Carrot Coins & Cucumber Wheels with Ranch Dressing    Romaine & Spinach Salad with Assorted Salad Dressings  Assorted Fresh Fruit Assorted Canned Fruit  Assorted Milk |