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| **Mon** | **Tue** | **Wed** | **Thurs** | **Fri** |
| Chicken Tenders **Yogurt Parfait** **Pretzel** Sweet Potato Fries Roasted Green Beans Assorted Fresh Fruit Assorted Canned FruitAssorted Milk | WW Pasta with Meatsauce**Sun Butter & Jelly Sandwich with** **Cheese Stick** Kale & Romaine Salad\* Tomato and Basil Salad Assorted Fresh Fruit Assorted Canned FruitAssorted Milk\*Assorted greens can be substituted | Beef Tacos on WW Soft Tortilla**Turkey Sandwich** **on WW Bread**Salsa, Lettuce & Tomato Fiesta Corn & Black Bean SaladAssorted Fresh Fruit Assorted Canned FruitAssorted Milk | **Grilled Cheese Sandwich on** **WW Bread****Chicken Caesar Wrap** Roasted Potato Wedges Carrot and Red Peppers w/Hummus Assorted Fresh Fruit Assorted Canned FruitAssorted Milk | Pizza with WW Crust **Chef Salad with** **WW Pita** Farmer’s Garden Salad with Assorted Salad Dressing Farm Fresh Veggie Sticks with Ranch Dressing Assorted Fresh Fruit Assorted Canned FruitAssorted Milk |

WEEK 1

WEEK 2

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| **Mon** | **Tue** | **Wed** | **Thurs** | **Fri** |
| Brunch for Lunch**with Syrup****Turkey Sandwich on WW Pita Bread with Pretzels** Roasted Red Potatoes Or Harvest Home FriesRoasted Tomatoes Assorted Fresh Fruit Assorted Canned FruitAssorted Milk | **Hamburger** **on WW Bun with Lettuce & Tomato****Sun Butter & Jelly Sandwich with Yogurt** Vegetarian Baked Beans Farm Fresh Veggie Sticks with Ranch Dressing Assorted Fresh Fruit Assorted Canned FruitAssorted Milk | **Macaroni and Cheese** **Ham & Cheese Sandwich on** **Goldfish Bread** Steamed Broccoli Roasted Carrot Fries Assorted Fresh Fruit Assorted Canned FruitAssorted Milk | **Chicken Fajita with Shredded Lettuce & Salsa****Caesar Salad with WW Pita Bread** **and Cheese Stick** Mexicali Corn Assorted Fresh Fruit Assorted Canned FruitAssorted Milk | **Pizza Sticks** **Chicken Salad Sandwich** Carrot Coins & Cucumber Wheels with Ranch Dressing Farmer’s Garden Salad with Assorted Salad Dressing Assorted Fresh Fruit Assorted Canned FruitAssorted Milk |

WEEK 3

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| --- | --- | --- | --- | --- |
| **Mon** | **Tue** | **Wed** | **Thurs** | **Fri** |
| **Hot Dog on WW Bun** **Turkey Sandwich on WW Roll** Potato WedgesCaesar Side SaladAssorted Fresh Fruit Assorted Canned FruitAssorted Milk | Chicken Tenders **Sun Butter & Jelly Sandwich with** **Cheese Stick**Three Bean SaladCinnamon Roasted Sweet PotatoesAssorted Fresh Fruit Assorted Canned FruitAssorted Milk | Roast Turkey with Brown Rice **Tortilla Chips** **with Hummus** Sautéed GreensSweet Potato FriesAssorted Fresh Fruit Assorted Canned FruitAssorted Milk | Fish TacoswithLettuce, Tomato & Mango Salsa **Chicken Caesar Wrap** Chipotle Corn Cole Slaw OrBroccoli Slaw Assorted Fresh Fruit Assorted Canned FruitAssorted Milk | **Flatbread Pizza**Egg Salad Sandwich Celery Sticks & HummusMediterranean Salad with Assorted Salad Dressings Assorted Fresh Fruit Assorted Canned FruitAssorted Milk |

WEEK 4

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| --- | --- | --- | --- | --- |
| **Mon** | **Tue** | **Wed** | **Thurs** | **Fri** |
| **Mozzarella Sticks with Marinara Sauce****Garden Salad with Turkey & WW Dinner Roll** Mixed Italian Vegetables Caesar Side SaladAssorted Fresh Fruit Assorted Canned Fruit Assorted Milk | **Chicken Filet Sandwich** **Sun Butter & Jelly Sandwich with Yogurt** Lettuce, Tomato, Pickle Lemon Zest Broccoli Sweet Potato Salad Assorted Fresh Fruit Assorted Canned FruitAssorted Milk | **Meatball** **Marinara Sub** **Turkey Sandwich** **on WW Roll** Roasted Potato Puffs Tasty Green Bean Toss Assorted Fresh Fruit Assorted Canned FruitAssorted Milk | Chicken, Turkey or Beef Burrito with Lettuce, Tomato& Salsa **Chicken Teriyaki Salad with WW Breadstick**ChickpeaSalad Assorted Fresh Fruit Assorted Canned FruitAssorted Milk | Focaccia Pizza **WW Bagel with Yogurt & Cheese** Carrot Coins & Cucumber Wheels with Ranch Dressing  Romaine & Spinach Salad with Assorted Salad DressingsAssorted Fresh Fruit Assorted Canned FruitAssorted Milk |